

Readings for August 15, 2021 United Church of Strafford In-Person and Zoom Service

from Proverbs 9:1-6

Wisdom has built her house, she has hewn her seven pillars. She has...set her table. She has sent out her servant girls, she calls from the highest places in the town, "You that are simple, turn in here!" To those without sense she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight."

Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of God is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to God in your hearts, giving thanks to God at all times and for everything in the name of Jesus Christ.

adapted from John 6:51-58

"I am the living bread that comes from the spiritual realm. Whoever eats of this bread will live in that realm; and the bread that I will give for the life of the world is my flesh."

People then disputed among themselves, saying, "How can this man give us his flesh to eat?"

So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the one who is filled with the Spirit, and drink his blood, you have no life in you.... Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Spirit sent me, and I live because of the Spirit, so whoever eats me will live because of me. This is the bread that came down from the spiritual realm, not like the manna that your ancestors ate, and they died. But the one who eats this bread will gain eternal life."