United Church of Strafford, Vermont

August 8, 2021

Eleventh Sunday after Pentecost MH=Methodist Hymnal; PH=Pilgrim Hymnal

Gathering Music

Carol Rousseau

Silent Prayer of Invocation

Pastor Tom Kinder

Prelude

Welcome and Announcements

Introit "We Walk by Faith/In Times of Trouble"

Call to Worship

*Hymn PH #1 Our God, Our Help in Ages Past

Children's Time and Lord's Prayer

Anthem "I Want Jesus to Walk with Me"

Readings from Isaiah 35 and 43; Jeremiah 17; Philippians 4; Mark 4; John 14 Danette Harris, Reader

Sermon Getting Through Anxious Times: A Conversation The Rev. Deadra Ashton and Pastor Tom Kinder

Spiritual Reflection Together

What can we do to get ourselves through anxious times? What spiritual or psychological wisdom helps us be less anxious and helps us reduce the anxiety of others around us?

*Hymn PH #110 O Come, O Come Emmanuel

Sharing of Joys and Concerns and Prayer Requests

Prayers and Benediction

Benediction Response "Nada Te Turba"

Postlude

* Those who are comfortably able may stand. Please stay for refreshments and neighborliness outside, weather permitting.

Past sermons are available on the back table and video recorded services are on our website. See us on Facebook at United Church of Strafford Look for updates on our website: unitedchurchofstrafford.com Sign up for weekly emails about upcoming worship and other news at unitedchurchofstrafford@gmail.com

COVID Precautions Our Church Council's Steering Committee is monitoring the COVID situation locally and regionally to decide what precautions to take. Please watch for notices week to week. We continue to require masks in large gatherings, and for the time being we have extended that requirement to small groups as well, such as church meetings or the Heartfulness Circle. Zoom is always an option if you are feeling at risk or unwell or prefer not to mask. You can find links to Zoom instructions on the Welcome page of our website. Please stay healthy and safe! The Steering Committee is Danette Harris, Becky Bailey, Joey Hawkins and Tom Kinder.

<u>Next Concerts</u> Held on Fridays (except where noted), 7:00-8:15 PM. Admission by donation, 20% goes to the church's Manheim Fund for the Arts.

Sunday, August 15th 4:00 PM "Treasure Hunt," Family Concert Jeremiah and Annemieke McLane

Save these concert dates: 9/24, 10/15, 11/5 and 12/3 (Noel!)

<u>Sing with the Choir</u> Weekly choir for ages 12-92. Gather at 8:50 AM-ish. Rehearsals start 9 AM. All are welcome.

<u>Heartfulness Contemplative Training Circle</u> gathers weekly on Thursday evenings at 7:00 PM in the Parish Hall. You are invited to be part of the circle anytime in person or by Zoom. See our website

<u>Childcare Today</u> Thank you to Emma Moore and Simone Prescott for providing childcare during the service!

<u>Pastor Tom Kinder is available</u> to talk with you. Please email him at rev.thomas.cary.kinder@gmail.com or call him at 765-2710.

Thank you Justin Wylie, Recording Engineer and Zoom Master!

<u>Justin's Assistants</u> Please consider volunteering to assist Justin on Sunday mornings. Talk with Tom if you are interested in helping in any way, small or large. Thank you!

Upcoming Sundays

August and beyond: Tom will lead worship; he has postponed his vacation.

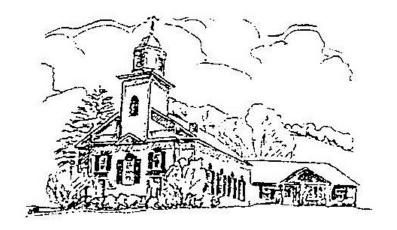
Ice Cream! Please join us for refreshments and neighborliness on the front lawn after worship, weather permitting. Masks are optional outside. Thank you to those stocking the freezer with ice cream sandwiches or providing other treats!

Haiku by Mel Goertz:

The grouse and I went for walks in the woods.

He liked to follow me home.

Whoever you are, wherever you are on life's journey, you are welcome here!



August 8, 2021

Morning Worship and Children's Programs at 10:00 AM

United Church of Strafford

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Website: unitedchurchofstrafford.com

Our Church Covenant

We gather together with freedom of conscience
in a community of love and inquiry.
All are welcome, without exception.
We practice Christianity with faith and compassion.
We covenant with one another to embody the love of Christ,
to nurture contemplation and action,
and to offer our gifts, talents and energies as we are able.